# Guidelines for using health services in Curitiba



#### Check your vaccination records

Some respiratory infections can be prevented with proper vaccination. You can check your needs on specific vaccines by sending us a picture of your vaccination card (or ICV).



### **Teleconsultation** on Coronavirus

It is a medical service offered through the phone by calling the number 3350-9000. Working from 8AM to 11PM, it may be used for online patient screening and, when necessary, online doctor consultations via video (for the moderate to severe cases).



# If you have mild symptons, do not go to the hospital

If you are short of breath, dehydrated or have a fever, please, go to the nearest Basic Health Unit (Monday to Friday). To check which units are still open, check the link on the description.



## Emergency (SAMU) - 192

WHEN TO CALL? Only for urgent reasons, such as sudden chest pain, poisoning by household cleaning products, unconsciousness, fainting and bleeding, seizures, sudden and intense shortness of breath, etc.



## Fire Department (SIATE) - 193

WHEN TO CALL? SIATE's ambulances assist victims of car accidents and victims of firearm and/or melee weapons injuries.



## **Emergency Care** Units (Unidades de Pronto Atendimento 24h)

If possible, avoid going to the Emergency Care Units (UPAs) on week days, unless when you are told to by the professionals at the nearest Basic Health Unit.

#### If you have any doubts, leave a comment.



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